



# Recommended Kit List

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Outdoor clothing appropriate for the weather

Waterproof trousers and coat

Gaiters

Hat, gloves and scarf

Day backpack

Walking boots

European travel adaptor

Toiletries

Head torch

Water bottle or hydration pack

Walking pole(s)

Clothes for relaxing in the evening

Notebook and pencil

Thermal flask

## **Optional:**

Camera

Laptop

Binoculars